

2022 Tri-A-Little-Harder Results

FINISHING ORDER	TIME	NAME
1	1:23:26	Andrew Ragains
2	1:24:53	Team Roberts
3	1:25:57	Cy Balk
4	1:31:36	Team Jameson
5	1:33:08	Jane Ragains
6	1:35:34	Jonah Kaveh
7	1:35:50	Marty Balk
8	1:41:07	Jeff Ragains
9	1:43:21	Matt Delaney
10	1:49:49	Team Robin, Hank, Kaley
11	1:50:19	Fred Heslop
12	1:51:39	Keaton Post
13	1:52:07	John Carter
14	1:53:35	Aaron Kloosterhouse
15	1:55:07	Roberto Escalante
16	1:59:49	Matt Ammerman
17	2:08:43	Rebecca Liseno
18	N/A	Team John Morrow, Sarah Ragains, Katie Dunn
19	N/A	Andrei Budau

Name	Swim	Bike	Running	Bike Split	Bike Time Per Mile	Run Split	Mile Time	Bike And Run
Team Roberts	0:13:00	1:04:01	1:24:53	0:51:01	0:03:17	0:20:52	0:06:44	1:11:53
Andrew Ragains	0:14:49	1:02:30	1:23:26	0:47:41	0:03:05	0:20:56	0:06:45	1:08:37
Jonah Kaveh	0:23:56	1:13:29	1:35:34	0:49:33	0:03:12	0:22:05	0:07:07	1:11:38
Cy Balk	0:13:20	1:03:08	1:25:57	0:49:48	0:03:13	0:22:49	0:07:22	1:12:37
Jane Ragains	0:14:59	1:09:14	1:33:08	0:54:15	0:03:30	0:23:54	0:07:43	1:18:09
Roberto Escalante	0:24:53	1:30:24	1:55:07	1:05:31	0:04:14	0:24:43	0:07:58	1:30:14
Aaron Kloosterhouse	0:20:31	1:27:30	1:53:35	1:06:59	0:04:19	0:26:05	0:08:25	1:33:04
Matt Delaney	0:20:52	1:17:15	1:43:21	0:56:23	0:03:38	0:26:06	0:08:25	1:22:29
Keaton Post	0:28:42	1:25:14	1:51:39	0:56:32	0:03:39	0:26:25	0:08:31	1:22:57
Jeff Ragains	0:17:34	1:14:42	1:41:07	0:57:08	0:03:41	0:26:25	0:08:31	1:23:33
Rebeka Liseno	0:35:30	1:42:17	2:08:43	1:06:47	0:04:19	0:26:26	0:08:32	1:33:13
Marty Balk	0:14:47	1:08:10	1:35:50	0:53:23	0:03:27	0:27:40	0:08:55	1:21:03
Robin, Hank, Kaley	0:18:00	1:20:50	1:49:49	1:02:50	0:04:03	0:28:59	0:09:21	1:31:49
Fred Heslop	0:21:05	1:18:27	1:50:19	0:57:22	0:03:42	0:31:52	0:10:17	1:29:14
Matt Ammerman	0:20:53	1:27:20	1:59:49	1:06:27	0:04:17	0:32:29	0:10:29	1:38:56
John Carter	0:20:00	1:19:22	1:52:07	0:59:22	0:03:50	0:32:45	0:10:34	1:32:07
Andrei Budau	N/A	1:23:59	1:51:20	1:02:59	0:04:04	0:27:21	0:08:49	1:30:20
Team Jameson	0:17:51	1:07:22	1:31:36	0:49:31	0:03:12	0:24:14	0:07:49	1:13:45
Team John Sarah Katie	0:18:21	N/A	1:09:01	#VALUE!	#VALUE!	0:27:20	0:08:49	0:50:40

Rank Order Swim		Rank Order Bike		Rank Order Run	
Team Roberts	0:13:00	Andrew Ragains	0:47:41	Team Roberts	0:20:52
Cy Balk	0:13:20	Team Jameson	0:49:31	Andrew Ragains	0:20:56
Marty Balk	0:14:47	Jonah Kaveh	0:49:33	Jonah Kaveh	0:22:05
Andrew Ragains	0:14:49	Cy Balk	0:49:48	Cy Balk	0:22:49
Jane Ragains	0:14:59	Team Roberts	0:51:01	Jane Ragains	0:23:54
Jeff Ragains	0:17:34	Marty Balk	0:53:23	Team Jameson	0:24:14
Team Jameson	0:17:51	Jane Ragains	0:54:15	Roberto Escalan	0:24:43
Robin, Hank, Kaley	0:18:00	Matt Delaney	0:56:23	Aaron Kloosterhc	0:26:05
Team John Sarah Katie	0:18:21	Keaton Post	0:56:32	Matt Delaney	0:26:06
John Carter	0:20:00	Jeff Ragains	0:57:08	Keaton Post	0:26:25
Aaron Kloosterhouse	0:20:31	Fred Heslop	0:57:22	Jeff Ragains	0:26:25
Matt Delaney	0:20:52	John Carter	0:59:22	Rebeka Liseno	0:26:26
Matt Ammerman	0:20:53	Robin, Hank, Kal	1:02:50	Team John Sarah	0:27:20
Fred Heslop	0:21:05	Andrei Budau	1:02:59	Andrei Budau	0:27:21
Jonah Kaveh	0:23:56	Roberto Escalan	1:05:31	Marty Balk	0:27:40
Roberto Escalante	0:24:53	Matt Ammerman	1:06:27	Robin, Hank, Kal	0:28:59
Keaton Post	0:28:42	Rebeka Liseno	1:06:47	Fred Heslop	0:31:52
Rebeka Liseno	0:35:30	Aaron Kloosterhc	1:06:59	Matt Ammerman	0:32:29
Andrei Budau	N/A	Team John Sarah	N/A	John Carter	0:32:45
	0:41:41	0:21:00			

STARTED @ 9:13am

	Swimming	Time	Time Biking	Running	
①	Robin Raggins Swimming HANK Guest biking Kaley George Running	18:00	1:20:50	1:49:49	
②	JANE RAGGINS	14:59	1:09:14	1:33:08	③
③	ANDREI BUDAU	X started at 21:00	1:23:58	1:51:20	
④	JOHN JAMESON swimming JOE JAMESON running + biking	17:51	1:07:22	1:31:36	②
⑤	Matthew Gammelman	20:53	1:27:20	1:59:49	
⑥	Andrew Raggins	14:49	1:02:30	1:23:26	①
⑦	Roberto Escalante	24:53	1:30:24	1:55:07	
⑧	Marty Balk	14:47	1:08:10	1:35:50	
⑨	JOHN CARTER	20:00	1:19:22	1:52:07	
⑩	Jonah Kaveh	23:56	1:13:29	1:35:34	
⑪	CY BALK	13:20	1:03:08	1:25:57	②
⑫	Aaron Kloosterhouse	20:31	1:27:30	1:53:35	
⑭	Fred Heslop	21:05	1:18:27	1:50:19	
⑮	Matt Delaney	20:52	1:17:15	1:43:21	
⑯	Sarah Raggins biking John Mottaw swimming Katie Dunn Running	X Flat tire 18:21	X Flat tire	1:09:01	
⑰	Rebecca Lisend	→ Street at 35:30	1:42:17	2:08:43	
⑱	Andrew Roberts Running Stacy Roberts Swimming * 13 min Richard Roberts biking		1:04:01	1:24:53	②
⑲	Jeff Raggins	17:34	1:14:42	1:41:07	①
⑳	Keaton Post	28:42	1:25:14	1:51:39	

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